

It is our pleasure to share this information with you. We hope that you enjoy this flyer and share it with your friends, family and co-workers.

One of the founding principles behind Connections Planet is serving our communities. With that goal in mind, we are making this and a series of other flyers available as a free download. You may download and use these brochures in any way you see fit. All we ask is that you do not edit or change this flyer...

Flyers in this series are:

- 11 Powerful Ways To Expand Your Life This Year
- 7 Steps To Living At The Speed Of Life
- Accelerate Your Abilities
- Are We Having Fun Yet?
- Change Your Attitude Today!
- Embracing Adversity For Achievement
- Empowerment Checklist
- Find Your Motivator
- Leadership Prep!
- My Magic 8-Ball
- Observing Successful People
- *Put Some "Wow" in Your Personality*
- Secrets Of Successful Teams
- The Top Six Ways To Stay Motivated
- When The Door Of Opportunity Opens
- Wherever You Are, Be There
- Your Greatest Resources

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www.connectionsplanet.com/homestead/flyers.htm

My name is Kim. I am the zip code manager for Zip Codes 33030, 33031, 33032, 33033, 33034 and 33035.

It is my job to help our community by adding local news and information to these 6 zip code sites. If there is anything going on at your business, school, church, school or organization that you would like to share with the community, please email the information to me at homestead@connectionsplanet.com.

We offer cost effective advertising for businesses in the community. Please feel free to send me an email and we can get together to design an ad campaign that will help your business to put its' best foot forward.

Have a great day,

Kim



Connections Planet

www.connectionsplanet.com

11 POWERFUL WAYS TO EXPAND YOUR LIFE THIS YEAR

Presented by
ConnectionsPlanet.com



11 POWERFUL WAYS TO EXPAND YOUR LIFE THIS YEAR

BY: JIM CATHCART, CSP, CPAE

Define your future. Describe the life you'd like to live. The future you see defines the person you'll need to be. Identify the traits and qualities you'd like to acquire. Think bigger than yourself. An acorn that only thinks as an acorn will never become a mighty oak. Stretch yourself. You are undoubtedly capable of more than you ever dreamed is possible for you.

Become the person who would achieve your goals. As you develop the skills, knowledge, relationships and demeanor of the 'future you,' your goals will be the natural byproduct of your growth. Spend an extra hour each day in the study of your chosen field.

Give more than you must. Nothing advances until somebody does more than they are paid to do. Always deliver more value than others expect. Don't require others to acknowledge your generosity. Give with 'class.'

Make time for what you love. If you don't live fully, you deny the world your potential contributions. Your 'play' sometimes contributes as much as your 'work.' What you love reveals the value you bring to the world.

Refine your Inner Circle. We define ourselves through our key relationships. Explore the mix and depth of those with whom you spend most of your time. Release those who limit you and connect with those who can help you live more fully.

Resolve your unfinished business. Either deal with it or discard it. Say your apologies, face your fears, pay your debts, express your gratitude and get on with living. Don't let yesterday drain value from today and tomorrow. Break out of the limited world of your past and start to grow.

Rethink existing habits and routines. Describe your typical day and then reconsider every aspect of it. Change or expand the places you go, people you see, things you do, and the time you devote to each. Try new things. Learn a new language, go someplace different, do some things you'd typically pass by. Find out what your possibilities really are.

Lighten up. Stop stressing over things that only matter to you emotionally. When life isn't fair to you, get over it quickly. Take your misfortunes as 'course corrections' rather than 'catastrophes.' Let go so you can grow.

Tighten up. Sloppiness in life allows more variables to creep in and spoil your plans. Stay on target, increase your self-discipline, master the art of self-motivation. Sometimes details matter a lot.

Profile yourself. Keep a journal of your goals, concerns, fears, and dreams. Review it at least once a year. Look for patterns that reveal your core values, natural velocity, natural intelligences and recurring situations. Realize how life ebbs and flows for you. Notice the natural cycles of life. Know yourself.

Invest in yourself. Set aside a portion of each year's income to acquire new tools and teachers to increase your potential. Refine your systems, get expert coaching, attend special conferences, cultivate a study group, appoint a board of advisors. You are your only true asset. Send part of today ahead to the person you'll be in the future.

Jim Cathcart, CSP, CPAE is founder and president of Cathcart Institute, Inc. and one of the most widely recognized professional speakers in the world.

As the author of 13 books and scores of recorded programs, his students number in the hundreds of thousands.